



UROLOGY SERVICES

Do YOU have bladder problems? We can help!

“Women are dealing with a lot of embarrassing problems. They need to have a place to seek help where someone can make them comfortable and truly help alleviate their symptoms. The most exciting news is that we offer full time urologic specialty care right here at Ste. Genevieve County Memorial Hospital. Our Urology Team includes Dr. Kevin Enger and myself. We work together to provide care individualized to each patient’s specific needs.” - Kim Browne, Adult Nurse Practitioner

Common Female Complaints Addressed in Urology:

- Urinary Leakage
- Urinary Frequency
- Bedwetting
- Recurrent Urinary Tract Infections
- Overactive Bladder
- Blood in the Urine

Bladder Matters

Bladder control problems are medical conditions that prevent you from being able to control when you urinate. If you live with a bladder control problem you are not alone. Over 30 million Americans suffer from the involuntary loss of urinary control. While there may be many different causes and degrees of severity, one thing is certain: bladder control problems are not normal in adults of any age. Overactive Bladder and Urinary Incontinence can lead to embarrassment, prevent those affected from participating in life’s activities as they would like, and leads to social isolation. Most problems can be treated successfully at any age.

Urinary Incontinence and Overactive Bladder

This is also known as urinary leakage and is actually very common in women. Urology specializes in finding the correct cause of leakage which in turn help patient’s attain optimal symptom relief. Patients with urge incontinence may wet themselves if they don’t get to the bathroom immediately. Stress incontinence is characterized by leak of urine with exertion such as coughing, sneezing, laughing, or physical activity. Overflow incontinence is characterized by prolonged voiding, weak stream, voiding in small amounts with a sensation of incomplete emptying, dribbling throughout the day, and feeling the urge to urinate but being unable to. Bedwetting is also a common issue and is a treatable condition. Overactive bladder is when the bladder is not as relaxed as it should be. Instead it contracts very frequently. It is also important to know that recurrent urinary tract infections may be a sign of an underlying issue.

Treatment of Bladder Problems

Depending on the underlying cause of leakage or overactivity, there are treatment options available to suit females of all different ages. Women may find success with pelvic floor strengthening through basic physical therapy and some women may require medications to calm their bladder muscles. The last resort is always surgical intervention, but sometimes this is the best option for symptom relief. Dr. Enger is a board certified Urologic Surgeon and offers most surgical procedures here at Ste. Genevieve County Memorial Hospital.

If you are experiencing any of these issues and are ready to seek care, let us help you.

Contact us at (573) 883-4450 or 590 Pine Street, Ste. Genevieve, Missouri 63670.

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